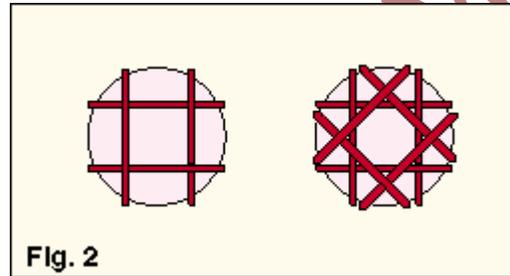
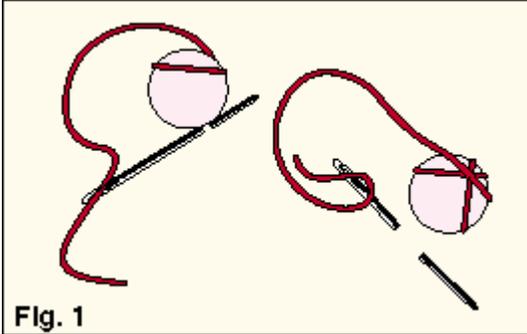


## TORANS

There are several sources for buying torans. Traditions in downtown Olympia sometimes has them and most belly dance events that have vendors will have some for sale. Some of them don't have very many mirrors. Also Mas Uda has a "home made pattern for making the torans, as the "ready makes" don't fit some dancers well.

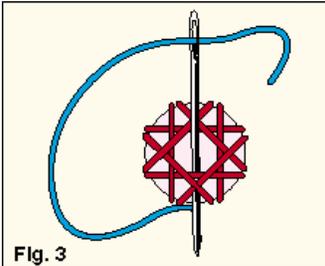
### Making "Shisha "

1. Make a straight stitch across one side of the mirror bring your needle up a little above the mirror and make another straight stitch down one side.

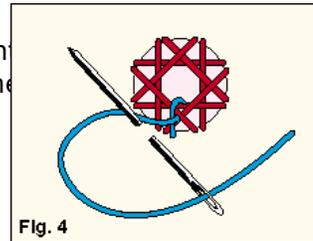


2. Work a "square" of straight stitches then another "square" on top, in the same way, but across the corners of the previous square. These foundation stitches need to be tight, and not too close to the edge of the mirror - work into these, and they will pull outwards; too loose or too near the edge, and the mirror will not be held securely.

3. Bring your needle up next to the mirror (anywhere) pass it under the foundation stitches, keeping the thread under the point of the needle (as though it were a blanket stitch). Pull tight.

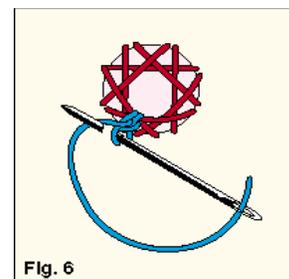
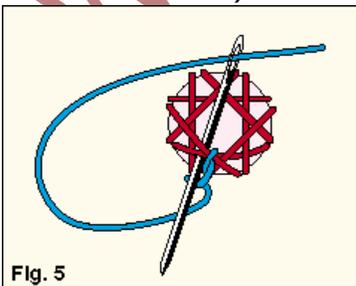


4. Make a small stitch in the mirror, again keeping the thread under the needle (like a chain stitch).

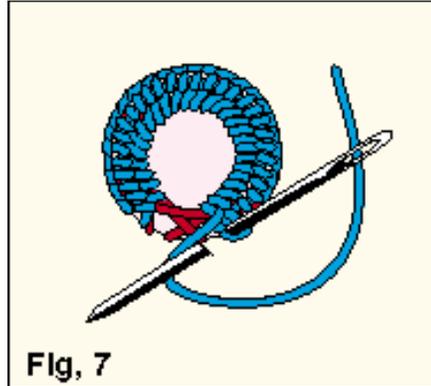
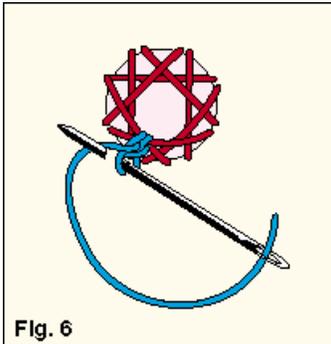


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5. Pass the needle under the foundation threads (remember to keep the thread under the needle).



6. Make another small stitch into the fabric, inserting the needle into the previous "chain" stitch. Repeat steps 5 and 6 all round the mirror, then finish thread securely on the back.



Most people work clockwise around the mirror, as shown here.

THIS IS JUST ONE WAY OF DOING SHISHA – there are many other options, too, some of which are very simple. Some look just as nice, some are fine from a distance. A lot depends on how much work you want to put into the project. One thing you can do is a chain stitch around one of the rings that are used for curtain rods. Then you can simply glue it and the mirror (or you can use a large Paillette) onto the fabric with Jewel It or some similar glue. Or you can glue the covered ring onto the paillette or mirror and then sew through the edge of the chain stitch to attach the whole thing to your fabric.

#### ALTERNATE METHOD ---

Knitting markers or café curtain rings – ½", ¾" or 1"

Approx 1 yard of embroidery floss

1 – Anchor the floss onto the ring (tie it!)

2 – Half hitch onto the ring continuing around until it is full

3 – Tie off the yarn or floss.

4 – Bring lose ends underneath

5 – glue onto a sequin or paillete or round mirror

6 – using a thread that matches, sew it to the toran.