





It could happen any time, tornado, earthquake, Armageddon. It could happen. Or sunshine, love, salvation.

It could, you know. That's why we wake and look out - no guarantees in this life.

But some bonuses, like morning, like right now, like noon, like evening.

~ William Stafford





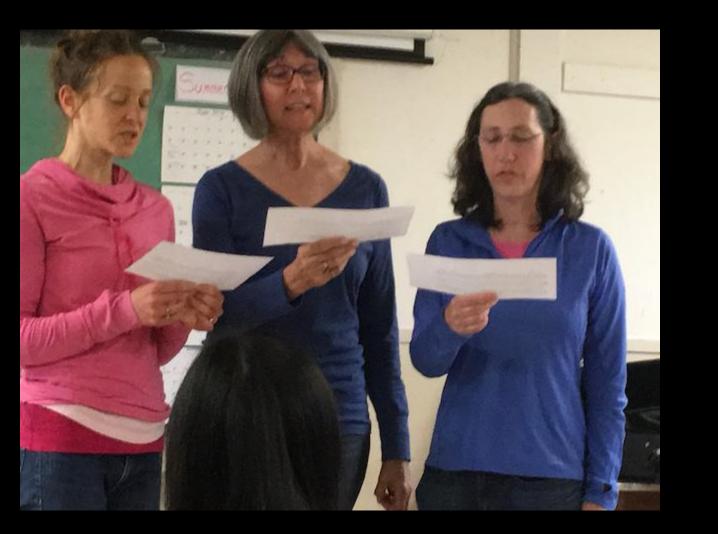
























































































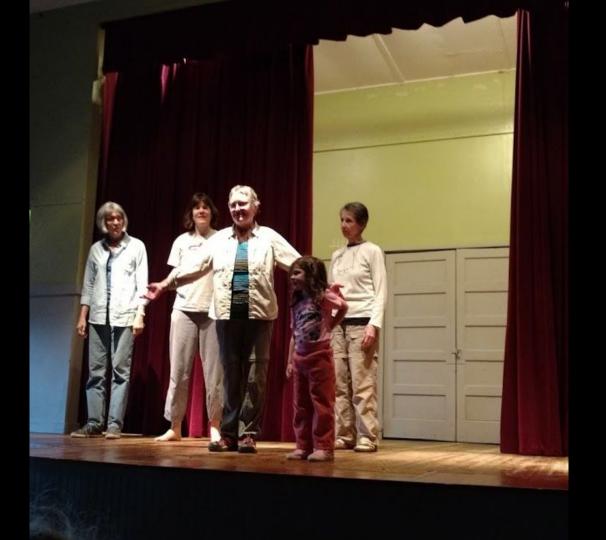






























Cup and Ocean

These forms we seem to be are cups floating in an ocean of living consciousness.

They fill and sink without leaving an arc of bubbles or any good-bye spray. What we

are is that ocean, too near to see, though we swim in it and drink it in. Don't

be a cup with a dry rim, or someone who rides all night and never knows the horse

beneath his thighs, the surging that carries him along.

~ Rumi





















Eagle Poem

To pray you open your whole self
To sky, to earth, to sun, to moon
To one whole voice that is you.
And know there is more
That you can't see, can't hear;
Can't know except in moments
Steadily growing, and in languages
That aren't always sound but other
Circles of motion.

Like eagle that Sunday morning

Over Salt River. Circled in blue sky In wind, swept our hearts clean With sacred wings.

We see you, see ourselves and know That we must take the utmost care And kindness in all things.

Breathe in, knowing we are made of All this, and breathe, knowing We are truly blessed because we Were born, and die soon within a True circle of motion, Like eagle rounding out the morning Inside us.

We pray that it will be done In beauty.
In beauty.

Joy Harjo, "Eagle Poem" from *In Mad Love and War.* Copyright © 1990 by Joy Harjo. Reprinted with the permission of Wesleyan University Press,

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