

Spring Into Recovery

“Recovery In Action”

Applying the Principles of CoDA To Daily Life

7th Annual CoDA Mini Conference
Saturday May 12, 2018



The Hope In Recovery meeting of Codependents Anonymous is excited to bring you another outstanding event with quality speakers, inspiring workshops, healthy food, and the opportunity to connect with others in recovery, all at a reasonable cost.

This year the conference focuses on how to apply the CoDA principles to your life. Whether you're new to recovery or experienced, please join us! Through speakers sharing their personal stories and breakout sessions you'll learn:

- **Speaker Topics:** What is codependence and its root causes, how to bring recovery into your relationships, how recovery can change your life for the better.
- **Breakout Sessions:** How Codependency Impacts Health, The Higher Power Connection, Boundaries in Action, Tools for Staying on Track, Taming the Codependent Crazy's, CoDA Meetings, and more!

Date: Saturday May 12, 2018

Time: 9 am – 4:30 pm

Registration: 8:30 am – 9 am

Location: Crosspointe Church | 19527 104th Ave NE | Bothell, WA 98011

Cost: **\$50 early bird registration** (before May 5th) | **\$60 general registration** (until May 9th) | **\$75 day of registration** (payable at the door via cash, check or money order)

Registration Fee: Registration fee is transferrable but non-refundable

Register Online: <https://hopeinrecoverywa.org/events/> (additional fees apply)

Lunch: Lunch is provided for those that pre-register. Lunch cannot be guaranteed for those registering at the door.

Questions: coda@hopeinrecoverywa.org, 425-998-9029

To Pay By Check

Make check payable to: Hope in Recovery

Hope in Recovery
P.O. Box 3492
Kirkland, WA 98083-3492

Name: _____ Email: _____ Phone: _____

Volunteering

I am willing to volunteer at the mini conference

Special Dietary Needs

Non-Celiac Gluten-Free

Vegan